



PARTICIPANT GUIDE

WALKING CHALLENGE

LES BEAUX 4H FONDATION MARTIN-MATTE 2026

When: Saturday, February 7, 2026

Where: Sommet Saint-Sauveur

CONCEPT & CHALLENGE

Les Beaux 4h Fondation Martin-Matte is a major fundraising event. You are invited to form a team of 4 walkers. Teams will challenge themselves to raise the highest amount in donations. Each participant must pay a registration fee of \$50 (\$40 if registered before midnight on December 19, 2025) to confirm their participation.

In addition:

Each adult team must raise a minimum of \$1,300, which comes to \$325 per participant (including the registration fee).

Each youth team (ages 12 to 17) must raise a minimum of \$700, or \$175 per participant (including the registration fee).

Teams that have not reached the required fundraising amounts will not be able to receive their race bibs or the items provided for the event.

Funds raised will go toward improving the quality of life for people living with traumatic brain injuries or physical disabilities. Donors will receive a charitable tax receipt for any donation over \$20.

This walk is open to all fitness levels and is designed to be a friendly, festive, and safe event.

GOAL

Raise \$750,000 to support projects that will improve the quality of life for children and adults living with a traumatic brain injury or physical disability.

TEAMS

Teams must be made up of four participants aged 12 and older, including one team captain, who is responsible for completing team registration. A maximum of two supporters can also be added to the team. Supporters are allowed to help with fundraising.

WAIVER OF LIABILITY

Upon registration, each participant aged 16 and older must read and approve the "Accident Liability Waiver" before clicking "Submit."

For participants under the age of 16, this waiver will be included in the confirmation email. It must be duly completed and signed by a parent or legal guardian, and returned by email to the Fondation Martin-Matte. Without a signed waiver, the child will not be allowed to participate in the challenge.

SCHEDULE, FEBRUARY 7, 2026

14 h 00 à 16 h 00	Welcome & Check-in at Sommet Saint-Sauveur
14 h 00 à 21 h 30	Partner Village open
15 h 00 à 16 h 30	Participant meal – lunch box
15 h 00	End of fundraising race
15 h 45	Outdoor show at the base of the slopes
16 h 30	Welcome speech
17 h 00	Official Start of the Challenge
17 h 00 à 20 h 00	Ski runs + DJ / animation at base of the slopes
20 h 00 à 20 h 45	Live performance (free outdoor show)
20 h 45	Awards ceremony with Martin Matte

MINIMUM FUNDRAISING REQUIREMENT

Teams of 4 adults must raise a minimum of \$1,300. This amount includes the \$50 registration fee per participant (\$40 if registered before midnight on December 19, 2025). The more your team raises, the greater your chances of winning one of the amazing prizes offered through the rewards program.

Participants aged 12 to 17 have a minimum fundraising goal of \$175 per person, which equals \$700 for a team of four.

The total fundraising goal for a team depends on the amount required per participant, based on age. For example, a team made up of 2 adults and 2 youth participants will have a minimum fundraising goal of \$1,000.

Please note: Teams will not receive their race bibs or the partner gift items until the required fundraising amounts have been met.

FUNDRAISING COMPETITION

The total amount of donations collected will determine the winning team of *Les Beaux 4h Fondation Martin-Matte* marathon. To be counted, all donations must be received and recorded by Saturday, February 7, 2026, at 3:00 PM. Please note that while the Fondation Martin-Matte will continue to accept donations after this deadline, they will not be counted toward the fundraising competition. Cash and cheque donations will be accepted at registration, throughout the evening, and during the fundraising period. Please send them by mail to: 3095 Autoroute Jean-Noël-Lavoie (440), Suite 302, Laval, QC, H7P 4W5

AWARD CEREMONY

Prizes will be awarded in the following categories:

- Top Fundraising Teams – Adults
 - Top Fundraising Teams – Ages 12–17
 - Top Individual Fundraisers – Adults
 - Top Individual Fundraisers – Ages 12–17
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GENERAL RULES

- Bibs must be worn during the walk
 - Participants must follow the **Urban Walking Code of Conduct**
 - Dangerous or disrespectful behavior will not be tolerated
 - Participants must be in good physical condition
 - Open to participants aged **12 and over**
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WALKING CODE OF CONDUCT

- Respect fellow walkers, pedestrians, and drivers
 - Stay on the marked course
 - Do not block sidewalks or traffic
 - In case of an accident, remain on-site and notify the organizers
 - No alcohol or drug use before or during the walk
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CANCELLATION AND REFUND POLICY

Registration closes at **midnight on February 2, 2026**. No registrations will be accepted after this date. Please note that **registration fees are non-refundable**, and **donations cannot be refunded under any circumstances**.

ACCOMMODATIONS

The **Manoir Saint-Sauveur** is offering special rates for participants on the night of the event. The link to book is available on this page.

LUNCH BOX

Each team is responsible for making sure participants are well fed before or during the event. A **lunch box will be provided** to every participant. You are also welcome to bring your own food. A **cafeteria service** will also be available on site.

Liability Waiver for Minors

ACKNOWLEDGMENT OF RISKS & RELEASE OF LIABILITY FORM		
Les Beaux 4 heures Fondation Martin-Matte		
Prénom du participant/name of the participant		Nom de famille/last name of the participant
Adresse/Address	Ville /City	Province
Code postal/Postal code	No de téléphone/phone	Date de naissance/birthday
Adresse courriel /email		
Équipe/team name		

I acknowledge that I have read the rules of the event on the Beaux 4h Fondation Martin-Matte website, have been informed of the safety measures, and am aware of the potential risks and dangers of accidents, bodily injury, death, damage, and loss of property that may result from my participation in this activity.

I am the sole and best judge of my ability to participate in this activity and I voluntarily and knowingly accept the aforementioned risks and dangers.

I understand that the activity is intended to be participatory and not competitive.

I am in good physical and mental health and do not suffer from any disability or medical condition that could pose a danger in relation to my participation in the activity, and I choose to participate freely.

Therefore, I release Les Sommets and its affiliates, the Martin-Matte Foundation, and the sponsors of this activity from any liability and waive any present or future claims against them, their insurers, as well as their directors, officers, employees, volunteers, agents, and representatives. I agree to hold them harmless from any responsibility arising from any loss, damage, bodily injury, or expenses incurred as a result of my use of the facilities or my presence at the event location.

Since I am under 16 years of age, I have attached written permission from a parent/guardian.

This is to certify that as the parent/guardian of the minor participant named above, I acknowledge and consent to their agreement to be bound by the terms of this document.

Signature _____ Date : _____

Name : _____