

PARTICIPANT GUIDE

SOMMET SAINT-SAUVEUR

LES BEAUX 4 HEURES FONDATION MARTIN-MATTE 2026

When : Saturday February 8th 2025

Where : Sommet Saint-Sauveur

CONCEPT

Les beaux 4h Fondation Martin-Matte is a major fundraising event where you are invited to form a team of 4 skiers or snowboarders. Each team challenges itself to raise as many donations as possible.

To confirm their participation, each participant must pay a registration fee of \$75 (\$50 if registered before midnight on December 19, 2025). In addition:

- Adult teams (18+): Must raise a minimum of \$1,300, which comes to \$325 per participant (including the registration fee).
- Youth teams (ages 12 to 17): Must raise a minimum of \$700, or \$175 per participant (including registration).

Until these amounts are reached, teams will not receive access to the mountain or their event bibs.

This snowy sporting challenge is open to all skill levels and aims to improve the quality of life for people living with a traumatic brain injury or physical disability.

Tax receipts will be issued for all donations over \$20.

EARLY REGISTRATION ADVANTAGE

By registering before midnight on December 19, 2025, participants benefit from a reduced rate of \$50 instead of \$75.

The \$75 registration fee (or \$50 early bird) includes:

- Lift ticket at Sommet Saint-Sauveur on Saturday, February 7, 2026, from 3:30 p.m.
- Lunch box
- Participant kit
- Beanie with the Les beaux 4 heures Fondation Martin-Matte logo
- Loan of a bib for the event
- Outdoor shows
- Après-ski festivities

GOAL

Raise \$750 000 to support projects that will provide a better quality of life for children and adults living with a brain injury or physical disability.

TEAMS

Teams must be composed of four participants aged 12 and older, including a captain who will be responsible for completing the team. A maximum of two supporters can also be added to the team. Supporters can collect donations. Please note that there is a maximum of four ski passes per team. To add supporters, please contact the Martin-Matte Foundation at: admin@fondationmartinmatte.com.

LIABILITY WAIVER

At registration, every participant aged 16 and older must read and accept the Accident Liability Waiver before clicking "Submit."

For participants under 16, the waiver will be attached to the registration confirmation email and must be signed by a parent or legal guardian and returned via email to the Fondation Martin-Matte.

Without this form, the child will not be allowed to participate in the event.

EVENT SCHEDULE – SATURDAY, FEBRUARY 7, 2026

14 h 00 à 16 h 00	Welcome & Check-in at Sommet Saint-Sauveur
14 h 00 à 21 h 30	Partner Village open
15 h 00 à 16 h 30	Participant meal – lunch box
15 h 00	End of fundraising race
15 h 45	Outdoor show at the base of the slopes
16 h 30	Welcome speech
17 h 00	Official Start of the Challenge
17 h 00 à 20 h 00	Ski runs + DJ / animation at base of the slopes
20 h 00 à 20 h 45	Live performance (free outdoor show)
20 h 45	Awards ceremony with Martin Matte

MINIMUM DONATION AMOUNT

Adult teams of 4 must raise a minimum of \$1,300. This amount includes the registration fee of \$75 per participant (\$50 for registrations made before midnight on December 20, 2024). The more donations your team collects, the greater your chances of winning one of the great prizes in the rewards program.

For participants aged 12 to 17, the minimum goal is \$175 per person, totaling \$700 for a team of four.

The team's overall goal is based on the amount to be raised per participant according to age. For example, a team consisting of 2 adults and 2 children will have a goal of \$1,000.

Please note that as long as these amounts are not met, teams will not receive their bibs or the items offered as gifts by the partners.

RUNS USED FOR THE EVENT

Participants will have access to the entire ski area at Sommet Saint-Sauveur. For the safety of participants, the trails will be illuminated starting at 4:00 PM.

DONATION RACE

The total amount of donations raised will determine the grand winning team of the Les beaux 4h Fondation Martin-Matte marathon. To be counted, donations must be received and recorded before 3:00 PM on Saturday, February 7, 2026. While the Martin-Matte Foundation may continue to accept donations after this deadline, they will not be considered for the donation race. Cash or check donations will be accepted at registration and throughout the evening, as well as during the fundraising period. Please send them by mail to 3095, autoroute Jean-Noël-Lavoie (440), Suite 302, Laval, QC, H7P 4W5.

CONTEST

The public is invited to form a team and register on the website www.lesbeaux4h.com before December 19, 2025, at midnight, to participate in the contest and have a chance to win a pair of Raccoon skis.

AWARDS

Prizes will be awarded in the following categories:

- Best Adult Fundraising Teams
- Best Fundraising Teams (ages 12-17)
- Best Adult Fundraisers
- Best Fundraisers (ages 12-17)

IMPORTANT TIPS AND ADVICE

- Make sure to tune your equipment, meaning skis or snowboard should be well sharpened and bindings properly adjusted. It's normal for the trails to become hard and icy in the evening.
- Participants who wish can rent equipment on-site on the day of the event. Additional fees apply.
- Bring hand warmers and foot warmers.
- Consider bringing a "ski key" or a locking system for your skis.

GENERAL INFORMATION

Rules

All participants must adhere to the general rules of the challenge.

- Participants must adhere to the Mountain Code of Conduct presented below.
- Wearing a helmet is mandatory.
- The bib must be visible at all times during the challenge, from 5:00 PM to 8:00 PM.
- Bibs must be returned to the Foundation by 8:00 PM at the end of the challenge.
- The Les beaux 4 heures Fondation Martin-Matte snow sports challenge is a team event of four. It is accessible to all levels of skiers or snowboarders.
- Each participant must pay a registration fee of \$75 to confirm their participation. Additionally, each adult team must raise a minimum of \$1,300, which is \$325 per participant.
- Teams of participants aged 12 to 17 must raise \$700 (or \$175 per participant, including \$75 registration fee per participant).
- To participate in the mountain ski marathon, participants must be 12 years or older.
- At registration, each participant aged 16 and older must read and approve the "Liability Waiver in Case of Accident" document before clicking "Submit." For participants under 16, this waiver will be attached to the registration confirmation email. It must be completed and signed by a parent or legal guardian and returned to the Martin-Matte Foundation by email. Without this waiver, the child will not be able to participate in the challenge.
- To determine the winning fundraising team, online donations will be counted until 3:00 PM on February 7, 2026, and a screenshot will be used as proof.
- The Les beaux 4 heures Fondation Martin-Matte event will take place even in the event of rain or a storm, provided the conditions are deemed acceptable by the Sommet Saint-Sauveur officials.
- Specialized downhill and super-G skis are prohibited. The maximum accepted length is 190 cm.
- Downhill suits are prohibited.
- The downhill racing position is prohibited.
- A participant or team that does not comply with the rules may incur penalties or be disqualified.

PENALTIES AND DISQUALIFICATION

Participants or teams who do not adhere to the rules or the Mountain Code of Conduct will be subject to penalties. These penalties will involve waiting time at the top of the course.

Here are some examples of punishable behaviors:

1. Failure to follow the Mountain Code of Conduct
2. Not wearing a helmet or improperly fastened helmet
3. Downhill skiing on the trail
4. Pushing
5. Collision (caused by lack of control or speed)
6. Any other behavior that harms others
7. Unsportsmanlike conduct

MOUNTAIN CODE OF CONDUCT

- Maintain control of your speed and direction. Ensure you can stop and avoid any person or obstacle.
- Yield to those downhill (lower) and choose a direction that ensures their safety.
- Stop in a trail only if you are visible from above and do not obstruct the trail.
- Yield to those uphill (higher) when entering a trail and at intersections.
- If you are involved in or witness an accident, stay at the scene and identify yourself to a rescuer.
- Always use and wear an appropriate system to secure your equipment.
- Do not use ski lifts or trails if you are under the influence of drugs or alcohol.
- Respect all signage and warnings, and never venture off-trail or onto closed trails.

Cancellation and Refund Policy Registration closes on February 2, 2026, at midnight. No registrations will be accepted after this date. Please note that registration fees, once paid, are non-refundable, and donations cannot be refunded under any circumstances.

Equipment Rental Equipment rental will be available on-site on the evening of the event, with a 50% discount for participants. You must present your bib or badge at the Sommet St-Sauveur rental to receive your discount. Rentals can be picked up from 3:00 PM onwards. It is also advisable to allow enough time to meet the event start time.

Accommodation The Manoir Saint-Sauveur offers preferential rates for participants on the night of the event. Use [this link](#) to make your reservation.

Lunch Box Each team is responsible for ensuring they have a good meal on-site before or during the event. A lunch box will be provided to each participant. You may also bring your own lunch. Cafeteria services are also available.

First Aid In case of injuries on the slopes, ski patrollers from Sommet St-Sauveur will be on site.

Liability Waiver for Minors

ACKNOWLEDGMENT OF RISKS & RELEASE OF LIABILITY FORM		
Les Beaux 4 heures Fondation Martin-Matte		
Prénom du participant/name of the participant		Nom de famille/last name of the participant
Adresse/Address	Ville /City	Province
Code postal/Postal code	No de téléphone/phone	Date de naissance/birthday
Adresse courriel /email		
Équipe/team name		

I acknowledge that I have read the rules of the event on the Beaux 4h Fondation Martin-Matte website, have been informed of the safety measures, and am aware of the potential risks and dangers of accidents, bodily injury, death, damage, and loss of property that may result from my participation in this activity.

I am the sole and best judge of my ability to participate in this activity and I voluntarily and knowingly accept the aforementioned risks and dangers.

I understand that the activity is intended to be participatory and not competitive.

I acknowledge that wearing a helmet is mandatory.

I am in good physical and mental health and do not suffer from any disability or medical condition that could pose a danger in relation to my participation in the activity, and I choose to participate freely.

Therefore, I release Les Sommets and its affiliates, the Martin-Matte Foundation, and the sponsors of this activity from any liability and waive any present or future claims against them, their insurers, as well as their directors, officers, employees, volunteers, agents, and representatives. I agree to hold them harmless from any responsibility arising from any loss, damage, bodily injury, or expenses incurred as a result of my use of the facilities or my presence at the event location.

Since I am under 16 years of age, I have attached written permission from a parent/guardian.

This is to certify that as the parent/guardian of the minor participant named above, I acknowledge and consent to their agreement to be bound by the terms of this document.

Signature _____ Date : _____

Name : _____